



Duke of Edinburgh Award



What should be in an Expedition Log?

Each participant should prepare logs before, during and after their Expedition and submit the pre-log and final-log to their Expedition Supervisor/Assessor.

The following information should be included in these logs:

Pre-Log

A pre-log is written during preparations for the expedition and sets out:

- . Type of expedition
- . Purpose of expedition
- . Locality and maps used
- . Dates of expedition
- . Route summary
- . Distance planned
- . Grid references
- . Sketch map
- . Equipment taken
- . First aid kit
- . Food and menu details
- . Emergency rations
- . Party members
- . Escape routes

Field Notes

Field notes are recorded during the actual expedition and include:

- . Grid references
- . Weather experienced
- . Terrain
- . Whether you are on schedule
- . Types of vegetation
- . Landmark/formations
- . Animal and bird life observed
- . Noteworthy events
- . Details of accomplishment of purpose
- . Campsites used
- . Group morale

Final-Log

Either in note form or as a short story the report summarises:

- . How you achieved your purpose (including photos)
- . Brief information on training and practice trips
- . Highlights of the expedition
- . Your personal impressions, feelings about the trip (criticisms, value)
- . Adequacy of campsites, water supply equipment
- . Information about the expedition areas not shown on map (eg. new tracks, spectacular scenery etc...)

Participants: Support your log with sketches, photos, clippings, any extra maps, pamphlets and brochures you may come across. Take pride in your log. A good log can be a work of art and a future reference. A good front cover and title page help in presentation. A loose leaf system assists in the final assembly of pre-log and field notes. Keep your log as interesting as possible. Finally, when submitting logs to your Assessor ensure that your Duke of Edinburgh's Record book is included and show relevant information and signatures where required. Remember all logs should be submitted to the Assessor no later than one month following the expedition.